



Fearless Simplicity: The Dzogchen Way of Living Freely in a Complex World

Drubwang Rinpoche, Erik Pema Kunsang, Marcia Binder Schmidt, Kerry Moran, Sogyal Rinpoche

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Fearless Simplicity is about training in the awakened state of mind, the atmosphere within which all difficulties naturally dissolve. Here, the gifted Tibetan meditation master and author of *Carefree Dignity*, Drubwang Tsoknyi Rinpoche, in his exceptional and skillful teaching style, guides us through the methods to be at ease with our surroundings and ourselves. He shows us how to develop confidence and be in harmony with every situation as the basis for true compassion and intelligence.

As confidence grows stronger, you find yourself turning into a real warrior — a compassionate bodhisattva warrior. The true bodhi-sattva spirit grows out of this personal sense of freedom. With this sense of security and freedom, you begin to direct your attention to the needs of others. The compassion expands. This is my point about inner simplicity as the basis for living fearlessly in a complex world. We are now open and spacious and from within that sense of fearless simplicity, you can accommodate all phenomena. You can naturally care for others unpretentiously; no one is a threat any longer.

— Drubwang Tsoknyi Rinpoche

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