



Handbook of Addictive Disorders: A Practical Guide to Diagnosis and Treatment

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The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders

"This book brings together an array of international experts on addictive disorders. Robert Coombs's *Handbook of Addictive Disorders* discusses the contemporary issues surrounding the understanding of addiction, from diagnosis to treatment of an addicted client. The *Handbook of Addictive Disorders* is an example of practical and clinical information at its best."

-Lorraine D. Grymala, Executive Director American Academy of Health Care Providers in the Addictive Disorders

The Handbook of Addictive Disorders: A Practical Guide to Diagnosis and Treatment is a comprehensive, state-of-the-art resource, featuring valuable contributions from a multidisciplinary team of leading experts. This unique guide deftly defines addiction and examines its comorbidity with other problems. Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them, planning effective treatment, and selecting appropriate interventions. Chapters on public policy and prevention are of indispensable value in light of this growing health concern.

The only reference available to cover the full spectrum of addictions and addictive behaviors, the *Handbook of Addictive Disorders* provides the most current research and treatment strategies for overcoming:

- Chemical dependency
- Workaholism
- Compulsive gambling
- Eating disorders
- Sex addiction
- Compulsive buying

This useful guide features case studies, figures and diagrams, lists of practical interventions for each disorder, and self-assessment exercises for clients.

Psychologists, addiction counselors, social workers, and others working in the addictions field will find the *Handbook of Addictive Disorders* to be an essential resource for practical, validated information on all types of addictions and their related problems.

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