



Adicciones y violencias invisibles (Spanish Edition)

Laura Gutman

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Siendo niños hemos aprendido a satisfacer nuestras necesidades emocionales (contacto, miradas, palabras, comprensión, descubrimiento del mundo externo) desplazándolas hacia sustancias y cosas que podíamos incorporar. Al no poder incorporar mamá, fuimos incorporando sustitutos desesperadamente. Por eso podemos comprender que hoy nuestras vidas estén reguladas por las adicciones: al consumo, a la comida, al tabaco, al alcohol, a los psicofármacos, a las drogas duras o al trabajo.

Laura Gutman agita las aguas subterráneas del inconsciente colectivo femenino y hace aparecer en escena a todos los arquetipos maternos con los que hemos crecido. Traduce la realidad emocional de todas las mujeres que la consultan y piden ayuda con sus hijos en brazos, describiendo con palabras simples lo que les pasa a todas las madres, movilizandoy removiendo historias personales.

Laura Gutman es psicoterapeuta familiar, especializada en la atención de madres de niños pequeños y parejas. Fundó y dirige Crianza, una institución con base en la Ciudad

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