



The Scent Trail: How One Woman's Quest for the Perfect Perfume Took Her Around the World

Celia Lyttelton

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A unique travel memoir, **The Scent Trail** charts a woman's journey as she explores the magic and history behind the ingredients of her own bespoke perfume.

When Celia Lyttelton visits a bespoke perfumer in London, she enters the heady and exotic world of scent. On a London backstreet she is transported to a world made up of thousands of oils, unguents and balms — all hidden away in an old Chinese medicine chest.

And so begins Celia's remarkable quest to discover the origin, history and culture of the many ingredients that make up her unique custom-made perfume. It is a quest that will take her from Tuscany to Morocco, from Sri Lanka to Tibet, from the peasants and farmers growing their own crops and the traders who sell to the perfume houses, to the "noses" who create the scents and the marketing kings involved in this billion dollar industry.

As Celia explores the mythology, history and culture behind ingredients such as jasmine, nutmeg, musk and ambergris, she paints a vivid portrait of this mysterious, sensual world, conjuring up the people she has met and the places she has visited on her scent trail.

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