



# Your Complete Guide to Facial Cosmetic Surgery

*Kriston Kent, Jon Mendelson, William Truswell*

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From choosing a doctor to postsurgical recovery, this guidebook for facial cosmetic surgery provides tips for every stage of the most popular procedures including facelifts, lip augmentation, and rhinoplasty. Potential risks and complications, realistic expectations, and criteria for determining if one is a good candidate for surgery are addressed by three experienced plastic surgeons. The newest materials used in cosmetic surgery, such as Restylane, longer-lasting wrinkle filler, and surgical techniques that promote quicker healing are discussed. An insightful introduction supplies a brief history of cosmetic surgery and dispels common myths.

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