



# **Clinical Aspects of Sexual Harassment and Gender Discrimination: Psychological Consequences and Treatment Interventions**

*Sharyn Ann Lenhart*

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This book addresses the psychological impact of sexual harassment and gender discrimination from both a clinical and theoretical perspective, whereas previous literature on the topic has emphasized legal and employment consequences. To start, Lenhart provides a comprehensive summary and integration of existing literature and discusses relevant aspects of the workplace and legal environments. The second portion of the book deals with the psychodynamics of sexual harassment and gender discrimination, placing these violations in proper psychological perspective, along the same lines as rape, battering and other forms of gender-based abuse. The wide spectrum of psychological consequences of discrimination will be discussed and an effective and integrative model for intervention and treatment will be presented.

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