



# Shattered Assumptions: Towards a New Psychology of Trauma

*Ronnie Janoff-Bulman*

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# Shattered Assumptions: Towards a New Psychology of Trauma

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## **Shattered Assumptions: Towards a New Psychology of Trauma** Ronnie Janoff-Bulman

This book investigates the psychology of victimization. It shows how fundamental assumptions about the world's meaningfulness and benevolence are shattered by traumatic events, and how victims become subject to self-blame in an attempt to accommodate brutality. The book is aimed at all those who for personal or professional reasons seek to understand what psychological trauma is and how to recover from it.

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