



Smart Parenting for Smart Kids: Nurturing Your Child's True Potential

Eileen Kennedy-Moore, Mark S. Lowenthal

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WINNER! Mom's Choice Gold Award for parenting books -- Mom's Choice Awards: The best in family-friendly media

"My kid is smart, but..."

It takes more than school smarts to create a fulfilling life. In fact, many bright children face special challenges:

- Some are driven by perfectionism;
- Some are afraid of effort, because they're used to instant success;
- Some routinely butt heads with authority figures;
- Some struggle to get along with their peers;
- Some are outwardly successful but just don't feel good about themselves.

This practical and compassionate book explains the reasons behind these struggles and offers parents do-able strategies to help children cope with feelings, embrace learning, and build satisfying relationships. Drawing from research as well as the authors' clinical experience, it focuses on the essential skills children need to make the most of their abilities and become capable, confident, and caring people.

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